Dowsing & Energy Healing
for Personal and Planetary Ascension
As we heal ourselves we heal the planet

by Tyhson Banighen, M.A.
Intuitive, Energy Detective, Master Dowser & Instructor, Diviner &
Geomancer, Exorcist, Licensed Spiritual Healer. Licensed Sound
Coach, Usai & Atlantean Reiki Master, Heart Resonance Advanced
Practitioner Master Class

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diagnose, prevent or treat any disease or illness, mental or physical. For diagnosis and treatment of
any disease, please consult a licensed practitioner.
I would like to thank all the Master Dowsers on whose shoulders we stand and the Guides, Angels and Elementals that assist us when we dowse. Together we are co-creating a new future and therefore a new world.

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We are all one. When one is harmed, all are harmed. When one is helped, all are healed. Therefore, in the name of who I AM, I am one with all; I ask that ONLY THAT WHICH IS THE HIGHEST GOOD OF ALL CONCERNED happen here and now, and through all time and space. I give thanks that this is done. SO BE IT! ........................................... 24
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So in summary to begin a Dowsing Session state something like, “In Touch with my Higher Self, I call on my Light Team, for protection and assistance, and I invoke the Law of One. I activate the system and I ask permission to proceed. May I? Can I? Should I? And is there any reason not to proceed?” ................................................................. 26

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To clear anything in your field use the following wording: I translate, transmute, transform, transfigure, release and repair all original causes, core beliefs and effect related to (fill in the blank with what you want to clear) and I do so throughout all time space and dimensional matrices both known or unknown. I declare it so and so it is. Thank you. I establish that my trigger point is my third eye. When I touch my finger to my third eye I undertake and complete a deep clearing. I declare it is so. It is done thank you ........................................................................... 37

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Things may have been slower in the good old days, but rapid change is afoot. We are in the midst of a major transformation – a personal and planetary upgrade – which some call ascension. With an evolutionary influx of light from the cosmos – solar flares, global warming and solar system warming – our bodies have to deal with more inner light. We become en-lightened and ascension occurs. Those higher levels of consciousness move us towards unity consciousness – the realization that we are all one. The separation of the self from other is an illusion. There is no detached observer so the basis of our scientific methodology is flawed. Another ascension symptom is that time appears to be speeding up as we approach 2012. It feels like we have less time to do more of whatever it is we feel is necessary to get done. We are stressed. Time, being a mental construct of our three dimensional brain, is forced to speed up to deal with the technological explosion of information. Our way of life is destroying the planet. The health of our planet and our own health is in jeopardy.

The old ways of being like, father knows best, American supremacy, might makes right, the virtue of selfishness, Capitalism, competition, scarce resources, survival of the fittest, fiat money, debt economy, etc. are no longer sustainable. Increased light exposes the shadow parts of ourselves and society that no longer serve us. We are forced to change.

As we move towards a new world order, will it be the iron fists of a few controlling the many, or will it be the realization that we are all one, that homeland security and our own freedom depends on all being free. With each thought, word, action and purchase we create the new unity consciousness which causes the old order to yield to the new. The evolution of consciousness waits for no man. Our future depends on the choices we make in this moment, so let’s choose wisely.

In this small book the 21st century dowser, geomancer, diviner and energy detective Tyhson Banighen, will help you choose wisely by introducing you to the practice of dowsing, and the use of various tools of the trade: a pendulum, bobber, Y or L rods and radionics. Dowsing can be used to discover the many different levels and aspects of your current physical, mental, emotional and spiritual well-being and the health and well-being of the planet. Dowsing is a sacred art. It is a way to connect to your Higher Self which is the all-knowing, all-seeing part of yourself that is beyond the limits of space, time and the third dimension of physical reality.

Dowsing is an inner process, a conversation between the rational and intuitive, the masculine and feminine aspects of yourself, or the right and left hemispheres of the brain synergistically communicating with each other. The intellects possess the question and the intuitive aspect connects with your Higher Self to provide the answer. The dowsing tool that is used is but a passive witness to this process - something that our physical body can use to bring its deep, unspoken awareness of the “All” or Higher Self to the conscious awareness of the alert mind. All things give off energetic radiation. Our own senses can feel and measure these energies. The dowsing tool becomes a communication device between the conscious and subconscious parts of the mind. A dowsing instrument receives information from the vibrations and energy waves emitted by people, places, thoughts and things like metal, and dowsing as an investigative tool has been used for centuries. For instance, dowsing has been found on cave drawings estimated to be over 8000 years old.

The practice of dowsing, either by pendulum or rod was used in the time of Queen Cleopatra, whose own advisors used it extensively.i In sixteenth century Europe it was used to discover minerals and treasures and in the eighteenth century physicians used a science known as Radiesthesia to make diagnosis and more recently it has been used to discover oil, gas and minerals.

This small book will assist you to become a skilled practitioner in the art and science of dowsing. You will learn how to uplift and empower that which is out-of-balance, blocked or limited, in yourself or others whether it be in your home or business and their environs. You can use dowsing to increase your efficiency in working with any other energy healing modality such as working with crystals, gems, minerals, light technologies, grid matrices, nutritional guidance and support to name a few.

Regards,
Tyhson Banighen MA, Paradise Point